




Weekly Activity for

Matilda Davies



Day	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
 Morning	Activity Walk to school Duration 10 mins	Activity Walk to school Duration 10 mins	Activity Walk to school Duration 10 mins	Activity Walk to school Duration 10 mins	Activity Walk to school Duration 10 mins	Activity Walk with dog Duration 60 mins	Activity Walk to shops Duration 25 mins
 Afternoon	Activity Active dinner playing football Duration 20 mins	Activity Duration	Activity Duration	Activity Active dinner playing football Duration 20 mins	Activity Duration	Activity Swimming baths Duration 60 mins	Activity Duration
 Evening	Activity After School Club - Hockey Duration 45 mins	Activity Duration	Activity Duration	Activity Duration	Activity Duration	Activity Duration	Activity Duration